

First-year course planning 2026-27



Bachelor of Science (Medical Sciences) Truro Start

Use the **blank schedule** and the recommended first-year courses to create your schedule. For complete program requirements, see the Dalhousie Academic Calendar at [academic calendar](#) or ask your Medical Sciences Advisor at medscadv@dal.ca.

Students are encouraged to reach out to their Truro Start first-year academic advisor, Ashley Coffin, ashley.coffin@dal.ca, to discuss course choices prior to registering.

Fall 2026	Winter 2027
BIOA 1002 Biology I <i>Lecture and Lab</i>	BIOA 1003 Biology II <i>Lecture and Lab</i>
CHMA 1000 General Chemistry I <i>Lecture and Lab</i>	CHMA 1001 General Chemistry <i>Lecture and Lab</i>
MTHA 1000 Introductory Calculus 1 <i>Lecture and Tutorial</i>	STAA 2000 Introduction to Statistics <i>Lecture and Lab</i>
*PSYC 1000 Introductory Psychology I (in-person) <i>Lecture</i> OR PSYO 1031 intro to Psychology and Neuroscience I (online)	*PSYC 1001 Introductory Psychology II (in-person) <i>Lecture</i> OR PSYO 1032 Intro to Psychology and Neuroscience II (online)
**WRITING COURSE or ELECTIVE <i>Lecture</i>	**WRITING COURSE or ELECTIVE <i>Lecture</i>
FIGS 0201 Health and Medicine I	FIGS 0202 Health and Medicine II

*Students can choose to take the Introduction to Psychology course in person or online each semester: PSYC1000 and PSYC1001 in person or PSYO1031 and PSYO1032 online.

**It is strongly recommended that you include an approved Writing Requirement course in your first-year electives space; enhanced writing skills will help you succeed in your other courses.

WRITING COURSE OPTIONS

The Truro campus offers the following approved writing requirement courses EGLA 1000 Composition, EGLA 1002 Nature & Literature, and/or EGLA 1004 English Studies for Science and Technology.

The Halifax campus offers an **online** writing course option that meets the full writing requirement (6 credit hours): SUST1000: What is Sustainability.

Find advising support at dal.ca/advising

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REGISTRATION TIP:

To satisfy the academic requirements of many professional schools across the country (e.g., Medicine, Dentistry, Pharmacy, Nursing etc.), it is **strongly recommended** that Medical Sciences students fulfil the writing requirement by choosing 6 credit hours (either one course that ends in .06 or two courses that each end in .03, specifically from the English Department (ENGL or EGLA). Truro courses (ELGA) all end in .03.

FIRST YEAR INTEREST GROUPS

We ask all students in the Medical Science Truro Start program to join the **First-Year Interest Group**, or FIGS, is a great opportunity to meet other students in the Medical Science Truro Start! Led by your academic advisor, the group will meet once a week during the fall and winter terms to explore interests, build connections, and learn tips for success at university!

EXPERT TIP

In the first year of the Medical Sciences program, students will share lectures and lab sessions with other, non-Medical Sciences students. Therefore, it is important that you **register in early June** for your seats in these courses (both terms) and select a lab/tutorial section where appropriate.

CURRICULUM

The first year includes 24 credit hours in core Science courses and 6 credit hours in Elective courses. Students with approved IB or AP credits from high school may not need to take one or more of the first-year core courses. However, it is strongly recommended that you still take 5 courses per term, even if you accept transfer credits. This fifth class can be another core course from subsequent years or an elective. For complete program requirements and course descriptions, see the Academic Calendar at dal.ca/calendar or talk to an advisor.

Questions? Medical Sciences Truro Start Advising: Ashley Coffin at ashley.coffin@dal.ca.

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