



# Sustainability Challenge 2022

Join the Dalhousie Office of Sustainability for a month long challenge designed to teach you how to take action and incorporate sustainability into your work and daily life. At the end of each week, let us know what actions you took on the challenge submission form to be entered into our prize draw. You can submit once per week during the four-week challenge, you received one chance for each challenge completed and 4 chances for each webinar you attend.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Learn about <u>Netukulimk</u>	2 Attend the "How To: Sustainable Events" Workshop	3	4 Book an appt to <u>switch to energy efficient products for free</u>	5 <u>Regrow produce from food scraps</u>
6	7	8 Save <u>veggie scraps and make veggie stock</u>	9 Attend the "What Waste Goes Where: Webinar	10	11	12 Repurpose something in your house
13 Complete the Dalhousie Procurement Checklist Quiz	14 Learn about one definition of <u>sustainability</u>	15	16 Attend the "Home Energy Efficiency" Webinar	17 Purchase an item that has a sustainable certification (Fair Trade, MSC etc.)	18	19
20	21 Learn about the Sustainable Development Goals	22	23 Attend the "Sustainable Transportation at Dalhousie" Workshop	24	25 Switch a disposable item in your home to a reusable	26
27	28 Try cooking a vegan meal, with <u>help from the Loaded Ladle</u>	29	30			