

# Days of Acknowledgement, Awareness & Action

Please note this is a non-exhaustive list of commemorative days, weeks and months that we have compiled. If you are aware of additional days of acknowledgement, awareness and action not included here, please contact the Education Advisor, Amina Abawajy via [HRES@dal.ca](mailto:HRES@dal.ca)

## January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 World Day of Peace	2 International Mind-Body Wellness Day	3 Mahayana New Year
4 National Ribbon Skirt Day  World Braille Day	5	6 Epiphany	7 Orthodox Christmas Day	8	9	10 World Hindi Day
11 Paget's Awareness Day	12 Seijin-no-hi	13	14 Orthodox New Year  Makar Sankranti	15 Guru Gobind Singh Jayant  Isra and Mi'raj i	16	17
18	19 World Religion	20 Martin Luther	21	22	23 Vasant Panchami	24 International Day

	Day	King Jr. Day			Imbolc	of Education
25	26 World Leprosy Day	27 International Holocaust Remembrance Day	28	29 National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia	30	31
Cervical Health Awareness Month Glaucoma Awareness Month Slavery & Human Trafficking Awareness Month Thyroid Awareness Month						

## February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 World Hijab Day Tu B'Shevat	2	3 Laylat al-Bara'at	4 World Cancer Day	5	6 International Day of Zero Tolerance for Female Genital Mutilation	7
8	9	10 World Epilepsy Day	11	12	13	14 Valentine's Day
15	16	17	18	19	20	21

Mahashivratri National Flag Day Nirvana Day	Aromantic Awareness Day	Lunar New Year Heritage Day Ramadan Begins	International Asperger's Day		World Day of Social Justice	International Mother Language Day
<b>22</b> Chosen Family Day	<b>23</b>	<b>24</b> World Day for African and Afrodescendant Culture	<b>25</b>	<b>26</b> Pink Shirt Day	<b>27</b>	<b>28</b>
African Heritage Month Heart & Stroke Month Low Vision Awareness Month Tamil Heritage Month Interfaith Harmony Week (February 1-7) Sexual and Reproductive Health Awareness Week (February 13-17) National Eating Disorder Week (February 23-March 1)						

## March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Disability Day of Mourning International Day of Zero Discrimination	<b>2</b> Purim	<b>3</b> World Hearing Day	<b>4</b> Carnival Shrove Tuesday Holi	<b>5</b> Ash Wednesday	<b>6</b>	<b>7</b>

International Wheelchair Day Self-Injury Awareness Day						
<b>8</b> International Women's Day	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> World Glaucoma Day	<b>13</b>	<b>14</b>
<b>15</b> International Day to Combat Islamomisia  Ramakrishna Jayanti  Laylatul Qadr	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> Eid Al-Fitr  Sharad Navratri  Ugadi  Hindu New Year (Nav Varsh)	<b>20</b> Navroz  Two Spirit and Indigenous LGBTQIA+ Awareness Day	<b>21</b> International Day for the Elimination of Racial Discrimination  World Down Syndrome Day
<b>22</b>	<b>23</b>	<b>24</b> International Day for the Right to Truth  International Tuberculosis Day	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b> International Transgender Day of Visibility  National				

		Indigenous Languages Day Mahavira-Jayanti Hanuman Jayanti				
Disability Awareness Month Irish Heritage Month Juvenile Arthritis Awareness Month Ramadan (March 1-March 29) Sharad Navratri (March 30 - April 7) Black Health Awareness Week (March 3-7) International Women's Week (March 3-8) International Week of Solidarity (March 25-April 1)						

# April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Passover Begins  Pesah	2 World Autism Awareness Day	3	4
5 International Day of Conscience	6 International Asexuality Day	7 World Health Day	8 International Roma Day	9	10	11 World Parkinson's Day

Palm Sunday	World Bohring-Opitz Syndrome Awareness Day					
<b>12</b>	<b>13</b> Yom HaShoah	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b> World Hemophilia Day Maundy Thursday	<b>18</b> Good Friday
<b>19</b>	<b>20</b> Easter	<b>21</b> Easter Monday Vaisakha begins	<b>22</b> Earth Day	<b>23</b>	<b>24</b>	<b>25</b> World Malaria Day
<b>26</b> Lesbian Visibility Day	<b>27</b>	<b>28</b> World Day for Safety & Health at Work	<b>29</b>	<b>30</b> International Guide Dog Day		
Genocide Remembrance, Condemnation and Prevention Month Sexual Assault Awareness Month Sikh Heritage Month World Autism Acceptance Week (April 2-7) Passover (April 1-April 9)						

# May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Vesak	2
3	4	5 International Cri Du Chat Awareness Day  Missing and Murdered Indigenous Women and Girls Day  World Asthma Day	6 International Awareness Day for Osteogenesis Imperfecta	7	8	9
10 World Lupus Day	11	12	13	14 Apraxia Awareness Day	15 Global Accessibility Awareness Day  International Day of Families	16
17 International Day against Homomisia, Transmisia and	18	19 Victoria Day	20 World Autoimmune Arthritis Day	21 International Day for Cultural Diversity for Dialogue and	22 Harvey Milk Day  Declaration of the Bab	23 Shavuot

Bimisia				Development		
World Hypertension Day						
<b>24</b> Pansexual Visibility Day	<b>25</b>	<b>26</b> Eid al-Adha	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> World Multiple Sclerosis Day
World Schizophrenia and Psychosis Day						
<b>31</b>						

ALS Awareness Month  
 Asian Heritage Month  
 Celiac Awareness Month  
 Fibromyalgia Awareness Month  
 Jewish Heritage Month  
 Lupus Awareness Month  
 Polish Heritage Month  
 Deaf Awareness Week (May 5-11)  
 Mental Health Awareness Week (May 11-17)  
 Shavuot (May 21-23)  
 Eid al-Adha (May 26-30)

# June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 World Day of Parents	2	3	4 International Day of Innocent Children Victims of Aggression	5	6
7	8	9	10 Action Anxiety Day	11	12	13 International Albinism Awareness Day
14	15	16 Martyrdom of Guru Arjan Dev Sahib  Islamic New Year  First of Muharram	17	18 International Day for Countering Hate Speech	19 Juneteenth	20 World Refugee Day
21 National Indigenous Peoples Day  Solstice	22	23	24	25	26	27 PTSD Awareness Day
28 Anniversary of Stonewall	29	30				

Pride Month Indigenous History Month Italian Heritage Month Portuguese Heritage Month Filipino Heritage Month Learning Disability Week (June 15-21)						

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12 Malala Day	13	14 International Non-binary People's Day	15	16 International Drag Day	17 Glioblastoma Awareness Day	18 Mandela Day
19	20	21 Uterine Fibroid Awareness Day	22	23	24 International Self- Care Day	25 Ashura
26	27	28 World Hepatitis Day	29 Guru Purnima	30 World Day against Trafficking in Persons	31	

National Drowning Prevention Week (July 20-26)

# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p><b>1</b> Emancipation Day</p> <p>Lammas</p>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<p><b>6</b> Transfiguration day</p>	<b>7</b>	<p><b>8</b> Paryushan parva begins</p>
<p><b>9</b> International Day of Indigenous Peoples</p>	<p><b>10</b> Prisoner Justice Day</p>	<b>11</b>	<p><b>12</b> International Youth Day</p>	<b>13</b>	<b>14</b>	<p><b>15</b> National Acadian Day</p>
<b>16</b>	<b>17</b>	<b>18</b>	<p><b>19</b> World Humanitarian Day</p>	<b>20</b>	<b>21</b>	<p><b>22</b> International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief</p> <p>Tisha B'Av</p>
<p><b>23</b> International Day for the Remembrance of</p>	<b>24</b>	<p><b>25</b> Eid Milad un-Nabi</p>	<b>26</b>	<b>27</b>	<p><b>28</b> Raksha Bandhan</p>	<b>29</b>

the Slave Trade and Its Abolition						
<b>30</b>	<b>31</b> International Day for People of African Descent  Overdose Awareness Day					
Fat Liberation Month Spinal Muscular Atrophy Awareness Month Transgender History Month						

# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Labour Day	<b>2</b>	<b>3</b>	<b>4</b> Krishna Janmashtami	<b>5</b> Eid Milad un-Nabi
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Suicide Prevention Day	<b>11</b> Rosh Hashana	<b>12</b>
<b>13</b> Celiac Disease Awareness Day  Ganesh Chaturthi	<b>14</b>	<b>15</b> Samvatsari	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>20</b> Yom Kippur	<b>21</b> World	<b>22</b>	<b>23</b> International	<b>24</b>	<b>25</b>	<b>26</b> Pitru Paksha

	Alzheimer's Day		Bisexual Visibility Day International Day of Sign Language Rosh Hashanah			
27	28	29 Saraswati Puja	30 National Day for Truth & Reconciliation			
Arthritis Awareness Month Concussion Awareness Month Rosh Hashanah (September 11-13) World Alzheimer's Month Mennonite Heritage Week (September 6-12) Bisexual Awareness Week (September 16-23) International Week of the Deaf (September 20-26)						

## October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 International Older Persons Day Treaty Day	2 International Day of Non-Violence	3

<b>4</b> Sisters in Spirit Day	<b>5</b> World Meningitis Day  World Teacher's Day	<b>6</b> World Cerebral Palsy Day	<b>7</b>	<b>8</b> International Lesbian Day	<b>9</b> World Sight Day	<b>10</b> World Inclusion Day  World Mental Health Day
<b>11</b> National Coming Out Day	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> International Pronouns Day  Pregnancy and Infant Loss Remembrance Day	<b>16</b>	<b>17</b> International Day for the Eradication of Poverty
<b>18</b> Persons Day	<b>19</b>	<b>20</b> Dassehra	<b>21</b>	<b>22</b> International Stammering Awareness Day	<b>23</b>	<b>24</b> World Polio Day
<b>25</b>	<b>26</b> Intersex Awareness Day	<b>27</b>	<b>28</b>	<b>29</b> International Day of Care & Support	<b>30</b>	<b>31</b> Halloween

2SLGBTQIA+ History Month  
 ADHD Awareness Month  
 German Heritage Month  
 Islamic Heritage Month  
 Latin American Heritage Month  
 Mi'kmaw History Month  
 National Disability Employment Awareness Month  
 Women's History Month  
 Dyslexia Awareness Week (October 2-8)  
 Dyspraxia Awareness Week (October 1-7)

Asexual Awareness Week (October 18 – November 24)  
 Invisible Disabilities Week (October 18-24)

# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Samhain  Lhabab Duchen	<b>2</b> Day of the Dead  All Souls Day  Trans Parent Day	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b> Indigenous Veterans Day  Diwali	<b>9</b> The Birth of Bahá'u'lláh	<b>10</b>	<b>11</b> Remembrance Day	<b>12</b>	<b>13</b> World Useability Day	<b>14</b> World Diabetes Day
<b>15</b>	<b>16</b> International Day of Tolerance	<b>17</b>	<b>18</b>	<b>19</b> World COPD Day	<b>20</b> International Day of the Child  Transgender Day of Remembrance	<b>21</b>
<b>22</b> Holodomor Memorial Day  National Housing Day	<b>23</b>	<b>24</b> Guru Nanak Dev Ji	<b>25</b> International Day for the Elimination of Violence against Women	<b>26</b>	<b>27</b>	<b>28</b>

<b>29</b> International Day of Solidarity with the People of Palestine	<b>30</b> Advent					

Indigenous Disability Awareness Month  
 Diabetes Awareness Month  
 Hindu Heritage Month  
 Lebanese Heritage Month  
 Movember  
 National Domestic Violence Awareness Month  
 National Pain Awareness Week (November 1-7)  
 International Stress Awareness Week (November 2-6)  
 Treaties Recognition Week (November 1-7)  
 Trans Awareness Week (November 13-19)  
 National Addictions Awareness Week (November 16-22)  
 16 Days of Activism Against Gender-Based Violence (November 25- December 10)  
 Advent (November 29 - December 24)

## December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> World AIDS Day	<b>2</b> International Day for the Abolition of Slavery	<b>3</b> International Day of People with Disabilities	<b>4</b> Hanukkah begins	<b>5</b> International Volunteer Day
<b>6</b> International Day of Remembrance	<b>7</b>	<b>8</b> Bodhi Day	<b>9</b> The International Day of	<b>10</b> International Human Rights	<b>11</b>	<b>12</b>

& Action on Violence Against Women  St. Nicholas Day		Pansexuality & Panromantic Pride Day	Commemoration and Dignity of the Victims of the Crime of Genocide and of the Prevention of this Crime	Day		
<b>13</b> Aga Khan's Birthday	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b> Anti-Bullying Day  International Day to End Violence against Sex Workers	<b>18</b> International Migrants Day	
<b>20</b> International Human Solidarity Day	<b>21</b> Solstice	<b>22</b>	<b>23</b> Sanghamitta day	<b>24</b>	<b>25</b> Christmas	<b>26</b> Kwanzaa  Zartosht No-Diso
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> New Year's Eve		
Universal Human Rights Month Hanukkah (December 4-12) Kwanzaa (December 26 - January 1) Nova Scotia Human Rights Week (December 3-10)						