

Days of Acknowledgement, Awareness & Action

Please note this is a non-exhaustive list of commemorative days, weeks and months that we have compiled. If you are aware of additional days of acknowledgement, awareness and action not included here, please contact the Education Advisor, Amina Abawajy via HRES@dal.ca

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 World Day of Peace	2	3 International Mind-Body Wellness Day	4 National Ribbon Skirt Day World Braille Day
5	6 Epiphany Guru Gobind Singh Jayanti	7 Orthodox Christmas Day	8	9	10 World Hindi Day	11 Paget's Awareness Day
12	13 Seijin-no-hi	14 Orthodox New Year Mahayana New Year Makar Sankranti	15	16	17	18

19 World Religion Day	20 Martin Luther King Jr. Day	21	22	23	24 International Day of Education	25
26 Isra and Mi'raj World Leprosy Day	27 International Holocaust Remembrance Day	28	29 Lunar New Year National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia	30	31	
Cervical Health Awareness Month Glaucoma Awareness Month Slavery & Human Trafficking Awareness Month Thyroid Awareness Month						

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 World Hijab Day
2 Vasant Panchami Imbolc	3	4 World Cancer Day	5	6 International Day of Zero Tolerance for Female Genital Mutilation	7	8

9	10 Tu B'Shevat World Epilepsy Day	11	12	13 Tu B'Shevat Laylat al-Bara'at	14 Valentine's Day	15 National Flag Day Nirvana Day
16 Aromantic Awareness Day	17 Heritage Day	18 International Asperger's Day	19	20 World Day of Social Justice	21 International Mother Language Day	2 Chosen Family Day
23	24 World Day for African and Afrodescendant Culture	25	26 Pink Shirt Day Mahashivratri	27	28	
African Heritage Month Heart & Stroke Month Low Vision Awareness Month Tamil Heritage Month Interfaith Harmony Week (February 1-7) Sexual and Reproductive Health Awareness Week (February 13-17) National Eating Disorder Week (February 24-March 2)						

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Disability Day of Mourning

						International Day of Zero Discrimination International Wheelchair Day Ramadan Self-Injury Awareness Day
2	3 World Hearing Day	4 Carnival Shrove Tuesday	5 Ash Wednesday	6	7	8 International Women's Day
9	10	11	12 World Glaucoma Day	13 Purim	14 Holi Sikh New Year's Day	15 International Day to Combat Islamomisia Ramakrishna Jayanti
16	17	18	19	20 Navroz* Two Spirit and Indigenous LGBTQIA+ Awareness Day	21 International Day for the Elimination of Racial Discrimination World Down Syndrome Day	22
23	24 International Day	25	26 Laylatul Qadr	27	28	29

	for the Right to Truth International Tuberculosis Day					
30 Eid Al-Fitr Sharad Navratri Ugadi Hindu New Year (Navvasha)	31 International Transgender Day of Visibility National Indigenous Languages Day					
Disability Awareness Month Irish Heritage Month Juvenile Arthritis Awareness Month Ramadan (March 1-March 29) Sharad Navratri (March 30 - April 7) Black Health Awareness Week (March 3-7) International Women's Week (March 3-8) International Week of Solidarity (March 25-April 1)						

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 World Autism	3	4	5 International Day

			Awareness Day			of Conscience
6 International Asexuality Day World Bohring- Opitz Syndrome Awareness Day	7 World Health Day	8 International Roma Day	9	10 Mahavira-Jayanti	11 World Parkinson's Day	12 Passover Hanuman Jayanti
13 Palm Sunday Pesah	14 Vaisakhi	15	16	17 World Hemophilia Day Maundy Thursday	18 Good Friday	19
20 Easter	21 Easter Monday	22 Earth Day	23 Yom HaShoah	24 Yom HaShoah	25 World Malaria Day	26 Lesbian Visibility Day
27	28 World Day for Safety & Health at Work	29	30 International Guide Dog Day			
Genocide Remembrance, Condemnation and Prevention Month Sexual Assault Awareness Month Sikh Heritage Month World Autism Acceptance Week (April 2-8) Passover (April 12-April 20)						

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 International Cri Du Chat Awareness Day Missing and Murdered Indigenous Women and Girls Day World Asthma Day	6 International Awareness Day for Osteogenesis Imperfecta	7	8	9	10 World Lupus Day
11	12 Vesak	13	14 Apraxia Awareness Day	15 Global Accessibility Awareness Day International Day of Families	16	17 International Day against Homomisia, Transmisia and Bimisia World Hypertension Day
18	19 Victoria Day	20 World Autoimmune Arthritis Day	21 International Day for Cultural Diversity for Dialogue and	22 Harvey Milk Day Declaration of the Bab	23	24 Pansexual Visibility Day World

			Development			Schizophrenia and Psychosis Day
25	26	27	28	29	30 World Multiple Sclerosis Day	31
ALS Awareness Month Asian Heritage Month Celiac Awareness Month Fibromyalgia Awareness Month Jewish Heritage Month Lupus Awareness Month Polish Heritage Month Deaf Awareness Week (May 5-11) Mental Health Awareness Week (May 13-19)						

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Shavuot World Day of Parents	2 Shavuot	3	4 International Day of Innocent Children Victims of Aggression	5	6 Eid-al-Adha	7 Eid al-Adha
8	9	10 Action Anxiety Day	11	12	13 International Albinism Awareness Day	14

15	16 Martyrdom of Guru Arjan Dev Sahib	17	18 International Day for Countering Hate Speech	19 Juneteenth	20 Solstice World Refugee Day	21 National Indigenous Peoples Day
22	23	24	25	26 Islamic New Year	27 PTSD Awareness Day First of Muharram	28 Anniversary of Stonewall
29	30					
Pride Month Indigenous History Month Italian Heritage Month Portuguese Heritage Month Filipino Heritage Month Shavuot (June 1-3) Eid al-Adha (June 7-10) Learning Disability Week (June 16-22)						

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 Ashura	7	8	9	10 Guru Purnima	11	12 Malala Day

13	14 International Non-binary People's Day	15	16 International Drag Day	17 Glioblastoma Awareness Day	18 Mandela Day	19
20	21 Uterine Fibroid Awareness Day	22	23	24 International Self- Care Day	25	26
27	28 World Hepatitis Day	29	30 World Day against Trafficking in Persons	31		
National Drowning Prevention Week (July 20-26)						

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Emancipation Day Lammas	2 Tisha B'Av
3	4	5	6 Transfiguration day	7	8	9 International Day of Indigenous Peoples

						Raksha Bandhan
10 Prisoner Justice Day	11	12 International Youth Day	13	14	15 National Acadian Day	16 Krishna Janmashtami
17	18	19 World Humanitarian Day	20	21 Paryushan parva	22 International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief	23 International Day for the Remembrance of the Slave Trade and Its Abolition
24	25	26	27	28	29	30
31 International Day for People of African Descent Overdose Awareness Day			Ganesh Chaturthi	Samvatsari		
Fat Liberation Month Spinal Muscular Atrophy Awareness Month Transgender History Month						

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day	2	3	4	5 Eid Milad un-Nabi	6

7	8 Pitru Paksha	9	10 Suicide Prevention Day	11	12	13 Celiac Disease Awareness Day
14	15	16	17	18	19	20
21 World Alzheimer's Day	22 Rosh Hashana Navratri	23 International Bisexual Visibility Day International Day of Sign Language Rosh Hashanah	24	25	26	27
28	29 Saraswati Puja	30 National Day for Truth & Reconciliation				

Arthritis Awareness Month
 Concussion Awareness Month
 Rosh Hashanah (September 22-24)
 World Alzheimer's Month
 National Pain Awareness Week (September 2-5)
 Mennonite Heritage Week (September 7-13)
 Bisexual Awareness Week (September 16-23)
 International Week of the Deaf (September 20-26)
 Truth & Reconciliation Week (September 23-27)

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 International Older Persons Day</p> <p>Treaty Day</p> <p>Yom Kippur</p>	<p>2 International Day of Non-Violence</p> <p>Dussehra</p>	<p>3</p>	<p>4 Sisters in Spirit Day</p>
<p>5 World Meningitis Day</p> <p>World Teacher's Day</p>	<p>6 World Cerebral Palsy Day</p>	<p>7</p>	<p>8 International Lesbian Day</p>	<p>9 World Sight Day</p>	<p>10 World Inclusion Day</p> <p>World Mental Health Day</p>	<p>11 National Coming Out Day</p>
<p>12</p>	<p>13</p>	<p>14</p>	<p>15 International Pronouns Day</p> <p>Pregnancy and Infant Loss Remembrance Day</p>	<p>16</p>	<p>17 International Day for the Eradication of Poverty</p>	<p>18 Persons Day</p>
<p>19</p>	<p>20 Diwali</p>	<p>21</p>	<p>22 Birth of The Báb</p> <p>International Stammering Awareness Day</p>	<p>23 The Birth of Bahá'u'lláh</p>	<p>24 World Polio Day</p>	<p>25</p>

26 Intersex Awareness Day	27	28	29 International Day of Care & Support	30	31 Day of the Dead Halloween Samhain	
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2SLGBTQIA+ History Month
 ADHD Awareness Month
 German Heritage Month
 Islamic Heritage Month
 Latin American Heritage Month
 Mi'kmaw History Month
 National Disability Employment Awareness Month
 Women's History Month
 National Breastfeeding Week (October 1-7)
 Dyslexia Awareness Week (October 7-13)
 Dyspraxia Awareness Week (October 13-19)
 Asexual Awareness Week (October 20 – November 1)
 Invisible Disabilities Week (October 20-26)

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 All Souls Day Trans Parent Day	3	4	5 Guru Nanak Dev Ji	6	7	8 Indigenous Veterans Day
9	10	11 Lhabab Duchen	12	13 World Useability Day	14 World Diabetes Day	15

		Remembrance Day				
16 International Day of Tolerance	17	18	19 World COPD Day	20 International Day of the Child Transgender Day of Remembrance	21	22 Holodomor Memorial Day National Housing Day
23	24	25 International Day for the Elimination of Violence against Women	26	27	28	29 International Day of Solidarity with the People of Palestine
30 Advent						
Indigenous Disability Awareness Month Diabetes Awareness Month Hindu Heritage Month Lebanese Heritage Month Movember National Domestic Violence Awareness Month International Stress Awareness Week (November 3-7) Treaties Recognition Week (November 3-9) Trans Awareness Week (November 13-19) National Addictions Awareness Week (November 24-30) 16 Days of Activism Against Gender-Based Violence (November 25- December 10) Advent (November 30 - December 24)						

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 World AIDS Day	2 International Day for the Abolition of Slavery	3 International Day of People with Disabilities	4 Sanghamitta day	5 International Volunteer Day	6 International Day of Remembrance & Action on Violence Against Women St. Nicholas Day
7	8 Bodhi Day Pansexuality & Panromantic Pride Day	9 The International Day of Commemoration and Dignity of the Victims of the Crime of Genocide and of the Prevention of this Crime	10 International Human Rights Day	11	12	13 Aga Khan's Birthday
14 Hanukkah	15	16	17 Anti-Bullying Day International Day to End Violence against Sex Workers	18 International Migrants Day	19	20 International Human Solidarity Day
21 Solstice	22	23	24	25 Christmas	26 Kwanzaa Zartosht No-Diso	27

28	29	30	31 New Year's Eve			
Universal Human Rights Month Hanukkah (December 14-22) Kwanzaa (December 26 - January 1) Nova Scotia Human Rights Week (December 1-10)						