What to Bring

WHAT'S ALREADY IN YOUR ROOM

✔ Twin-sized bed and mattress (long)
✔ Desk and chair
✔ Closet
✔ Bureau
✔ Window with drapes
✔ Mirror
✔ Waste/recycling basket

WE SUGGEST YOU BRING

Stuff for you

☐ Provincial health card and proof of any private insurance
☐ All university documents
☐ Warm clothing and rain gear
☐ Towels, bathrobe, flip flops, etc.
☐ Stapler, scissors and other scholastic instruments
☐ Hair dryer
☐ Any required medications

Stuff for your room

☐ Linens - twin-size sheets (long), blanket, comforter, etc.
☐ Bed pillows
☐ Alarm clock
☐ Power bars (CSA approved)
☐ Computer and printer
☐ Stereo system with headphones (no sub-woofers)
☐ Sticky tack or 3M Command adhesive poster strips
☐ Clothing hangers, laundry basket, detergent, drying rack

Extras

☐ First aid kit
☐ Flashlight
☐ Needle and thread
☐ Sports equipment

ITEMS NOT PERMITTED:

✗ Candles, incense, potpourri pots, open flames of any kind
✗ Extension cords
✗ Multiple receptacle outlets
✗ Halogen lamps, holiday/decorative mini-lights
✗ Toasters and hot plates
✗ Sandwich makers, electric grills, or barbeques
✗ Firearms, BB guns, air pistols/rifles, pellet guns, other weapons
✗ Explosive devices, propane canisters, flammable liquids
✗ Space heaters
✗ Milk crates, plastic storage cases
✗ Sub-woofers
✗ Any other materials or objects which will endanger student health and safety in residence

If you don’t have a phone, all you have to do is sign one out when you arrive.
Please note: if you are bringing a cordless phone we recommend a **1.2ghz** or higher to avoid interference with other devices.