

Days of Acknowledgement, Awareness & Action

Please note this is a non-exhaustive list of commemorative days, weeks and months that we have compiled. If you are aware of additional days of acknowledgement, awareness and action not included here, please contact the Education Advisor, Amanda Wilneff via HRES@dal.ca

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 World Day of Peace	2	3 International Mind-Body Wellness Day	4 World Braille Day National Ribbon Skirt Day	5	6 Epiphany
7 Orthodox Christmas Day	8	9	10 World Hindi Day	11 Paget's Awareness Day	12	13
14 Orthodox New Year	15 Martin Luther King Jr. Day Makar Sankranti	16	17 Guru Gobind Singh Jayanti	18	19	20
21 World Religion Day	22	23	24 International Day of Education	25 Tu B'Shevat Mahayana New Year	26	27 International Holocaust Remembrance Day

28 World Leprosy Day	29 National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia	30	31			
Thyroid Awareness Month Cervical Health Awareness Month Glaucoma Awareness Month Slavery & Human Trafficking Awareness Month						

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 World Hijab Day	2	3
4 World Cancer Day	5	6 International Day of Zero Tolerance for Female Genital Mutilation	7 Isra and Mi'raj	8 Carnival	9	10 Lunar New Year
11	12 World Epilepsy Day Sexual and Reproductive Health Day	13	14 Ash Wednesday Valentine's Day	15 Nirvana Day National Flag Day	16	17
18	19	20	21	22	23	24

Aromantic Awareness Day International Asperger's Day	Heritage Day	World Day of Social Justice	International Mother Language Day	Chosen Family Day Pink Shirt Day		
25	26	27	28	29		
African Heritage Month Low Vision Awareness Month Heart & Stroke Month National Eating Disorder Week (February 28-March 5) Interfaith Harmony Week (February 1-7) Black Health Awareness Week (February 5-9)						

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 International Wheelchair Day International Day of Zero Discrimination Disability Day of Mourning Self-Injury Awareness Day	2
3	4	5	6	7	8	9

World Hearing Day					International Women's Day	
10	11 Ramadan	12 World Glaucoma Day	13	14	15 International Day to Combat Islamomisia	16
17	18	19	20 Nowruz	21 Ramakrishna Jayanti International Day for the Elimination of Racial Discrimination World Down Syndrome Day	22 Two Spirit and Indigenous LGBTQIA+ Awareness Day	23 Purim
24 International Day for the Right to Truth International Tuberculosis Day Palm Sunday	25 Holi	26	27	28	29 Good Friday	30
31 International Transgender Day of Visibility Easter						

Disability Awareness Month
 Juvenile Arthritis Awareness Month
 International Women's Week (March 4-8)
 International Week of Solidarity (March 25-April 1)

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday	2 World Autism Awareness Day	3	4	5 International Day of Conscience Laylatul Qadr	6 World Bohring-Opitz Syndrome Awareness Day International Asexuality Day
7 World Health Day	8 International Roma Day	9 Ugadi	10 Eid al-Fitr	11 World Parkinson's Day	12	13
14	15	16	17 World Hemophilia Day	18	19	20
21	22 Earth Day Declaration of the Bab	23 Vesak Passover	24 World Meningitis Day International Guide Dog Day	25 World Malaria Day	26 Lesbian Visibility Day	27
28 World Day for Safety & Health at Work	29	30				

World Autism Acceptance Week (April 2-8)

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 International Cri Du Chat Awareness Day Missing and Murdered Indigenous Women and Girls Day World Asthma Day Orthodox Easter	6 Yom HaShoah International Awareness Day for Osteogenesis Imperfecta	7	8	9	10 World Lupus Day	11
12	13	14 Apraxia Awareness Day Yom HaAtzmaut	15 International Day of Families	16	17 International Day against Homomisia, Transmisia and Bimisia World Hypertension Day	18 Global Accessibility Awareness Day

19	20 Victoria Day World Autoimmune Arthritis Day	21 International Day for Cultural Diversity for Dialogue and Development	22 Harvey Milk Day	23	24 Pansexual Visibility Day World Schizophrenia Day	25
26	27	28	29	30 World Multiple Sclerosis Day	31	
ALS Awareness Month Celiac Awareness Month Fibromyalgia Awareness Month Lupus Awareness Month Asian Heritage Month Jewish Heritage Month Deaf Awareness Week (March 1-7) Mental Health Awareness Week (March 13-17)						

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 World Day of Parents
2	3	4 International Day of Innocent Children Victims of Aggression	5	6	7	8

9	10	11	12 Shavuot	13 International Albinism Awareness Day	14	15
16 Martyrdom of Guru Arjan Dev Sahib	17 Eid al-Adha	18 International Day for Countering Hate Speech	19 Juneteenth	20 World Refugee Day	21 Solstice	22
23	24	25	26	27	28 Anniversary of Stonewall	29
30						
Pride Month Indigenous History Month Italian Heritage Month Portuguese Heritage Month Filipino Heritage Month Learning Disability Week (June 17-23)						

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day	2	3	4	5	6
7	8 Islamic New Year	9	10	11	12 Malala Day	13
14	15	16	17	18	19	20

International Non-binary People's Day		Ashura International Drag Day		Mandela Day		
21	22	23	24	25	26	27
28 World Hepatitis Day	29	30 World Day against Trafficking Persons	31			

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Emancipation Day	2	3
4 International Guide Dog Day	5 Natal Day	6	7	8	9 International Day of Indigenous Peoples	10 Prisoner Justice Day
11	12 International Youth Day	13 Tisha B'Av	14	15	16	17
18	19 World	20	21	22 International Day	23 International Day	24

	Humanitarian Day			Commemorating the Victims of Acts of Violence Based on Religion or Belief	for the Remembrance of the Slave Trade and Its Abolition	
25	26 Krishna Janmashiami	27	28	29	30	31 International Day for People of African Descent Overdose Awareness Day
Fat Liberation Month Transgender History Month						

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day	3	4	5	6	7
8	9	10 Suicide Prevention Day	11	12	13 Celiac Disease Awareness Day	14
15 Eid Milad un-Nabi	16	17	18	19	20	21 World Alzheimer's Day
22	23 International Bisexual Visibility	24	25	26	27	28

	Day					
	International Day of Sign Language					
29	30 National Day for Truth & Reconciliation					
World Alzheimer's Month International Week of the Deaf Bisexual Awareness Week (September 16-23) Truth & Reconciliation Week (September 23-30)						

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 International Older Persons Day Treaty Day	2 Rosh Hashana International Day of Non-Violence	3 Sharad Navratri	4 Sisters in Spirit Day	5 World Teacher's Day
6 World Cerebral Palsy Day	7	8 International Lesbian Day	9	10 World Mental Health Day World Sight Day	11 Yom Kippur National Coming Out Day	12

				World Inclusion Day		
13 Asexual Awareness Day	14	15	16 International Pronouns Day Twin Holy Days	17 International Day for the Eradication of Poverty	18	19
20	21	22 International Stammering Awareness Day	23	24 World Polio Day	25	26 Intersex Awareness Day
27	28	29 International Day of Care & Support	30	31 Samhain Halloween Day of the Dead		
Mi'kmaw History Month 2SLGBTQIA+ History Month National Disability Employment Awareness Month ADHD Awareness Month Women's History Month Islamic Heritage Month Dyslexia Awareness Week (October 2-8) Dyspraxia Awareness Week (October 13-19)						

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2

					Diwali	All Souls Day
3 Trans Parent Day	4	5	6	7	8 Indigenous Veterans Day	9
10	11 Remembrance Day World Useability Day	12	13	14 World Diabetes Day	15 Guru Nanak Gurburab	16 International Day of Tolerance
17 World COPD Day	18	19	20 Transgender Day of Remembrance International Day of the Child	21	22 Lha Bab Duchon National Housing Day	23 Holodomor Memorial Day
24	25 International Day for the Elimination of Violence against Women	26	27	28	29 International Day of Solidarity with the People of Palestine	30

Indigenous Disability Awareness Month
 National Domestic Violence Awareness Month
 Hindu Heritage Month
 Lebanese Heritage Month
 Treaties Recognition Week (November 4-8)
 National Pain Awareness Week (November 1-7)
 Trans Awareness Week (November 13-19)
 Canada History Week (November 18-24)
 National Addictions Awareness Week (November 18-24)

International Stress Awareness Week (November 1-7)
 16 Days of Activism (November 24- December 10)

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 World AIDS Advent	2 International Day for the Abolition of Slavery	3 International Day of People with Disabilities	4	5 International Volunteer Day	6 International Day of Remembrance & Action on Violence Against Women St. Nicholas Day	7
8 Pansexuality & Panromantic Pride Day Bodhi Day	9 The International Day of Commemoration and Dignity of the Victims of the Crime of Genocide and of the Prevention of this Crime	10 International Human Rights Day	11	12	13 Aga Khan's Birthday	14
15	16	17 International Day to End Violence against Sex Workers	18 International Migrants Day	19	20 International Human Solidarity Day	21 Solstice
22	23	24	25	26	27	28

			Hanukkah Christmas	Kwanzaa Zartosht No-Diso		
29	30	31 New Year's Eve				
Universal Human Rights Month Nova Scotia Human Rights Week (December 1-7)						